

## Grow Yourself! Brown Bag Lunch Workshops

No Cost; refundable deposit required to hold your seat.

- Learn more about yourself
- Be a stronger team member
- Build a healthier workplace
- Refresh communication skills
- Have better meetings

### Multiple Intelligences

**October 26, 2011**

Determine your intelligence preferences based on Gardner's Theory of Multiple Intelligences. Develop your understanding of the implications of Multiple Intelligence for learning, training and communication in the workplace.

### Personality Style

**November 2, 2011**

Learn about your personality preferences according to the Keirsey Temperament Sorter. Better understand your unique strengths and challenges as well as those of others. Develop strategies to capitalize on those strengths to enhance teamwork and communication.

### Effective Communication

**November 9, 2011**

Getting your point across effectively, thinking win-win, and respecting others are important workplace skills. Renew your commitment to the positive effects of clear, authentic, and respectful communication.

### Great Meetings

**November 16, 2011**

Have you sat through meetings that seemed to go nowhere and thought.... *Has anyone really ever died of boredom?* Learn and discuss organizational tools and tips to help move meetings from dull to dynamic.

*Space is Limited. BYO Lunch.*

*A Registration Deposit of \$15 per workshop is required.*

*Deposit is fully refunded upon attendance.*

**Where: Saskatchewan Aboriginal Literacy Network  
2401 Thayer Avenue**

**When: 11:30 a.m. – 1:00 p.m.**

**Registration Form Attached**

**Questions? Call Joanne @652-5448**



# Brown Bag Lunch Workshops at no cost

## Mail in Registration & Deposit

*Seats are limited – a refundable deposit of  
\$15 per person per workshop is required to hold your seat.*

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Organization: \_\_\_\_\_ Phone # \_\_\_\_\_

Name: \_\_\_\_\_ Name: \_\_\_\_\_

Name: \_\_\_\_\_ Name: \_\_\_\_\_

Name: \_\_\_\_\_ Name: \_\_\_\_\_

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Please indicate number of people per workshop:

<input type="checkbox"/>	<b>Multiple Intelligences</b>	<b>October 26, 2011</b>
<input type="checkbox"/>	<b>Personality Style</b>	<b>November 2, 2011</b>
<input type="checkbox"/>	<b>Effective Communication</b>	<b>November 9, 2011</b>
<input type="checkbox"/>	<b>Great Meetings</b>	<b>November 16, 2011</b>

Total # of People x # of Workshops  x \$15.00 Deposit =  
\$ \_\_\_\_\_ Refundable Deposit

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Please make cheques payable to:

**READ Saskatoon**  
#304 – 1114 – 22<sup>nd</sup> Street West  
Saskatoon, SK S7M 0S5

Questions? Call Joanne @ 652-5448

